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# The importance to study the lived experience of patients through qualitative research

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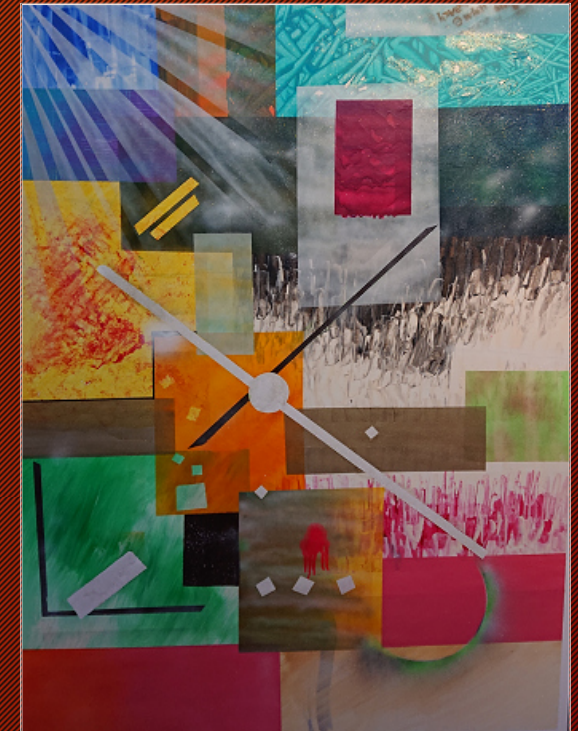


# Qualitative inquiry

„Learning to do qualitative research is like learning to paint. Study the masters, learn techniques and methods, practice them faithfully, and then adapt them to your own persuasions when you know enough to describe the work of those who have influenced you and the ways in which you are contributing new perspectives“

Corrine Glesne

Becoming qualitative researcher







# Qual vs quant research

- Two modes of inquiry - quant and qual - are frequently contrasted
- Researchers of both perspectives use similar elements in their work (steps of research process)
- Nonetheless, how they go about putting these elements together makes for distinctive difference in both the perspectives and final product
- There is room in science for both research perspectives
- The methodological debate is severely hampered by oppositional disregard and underestimation





- Qualitative researchers seek to make sense of personal stories and the ways in which they intersect
- Has an advantage in studying people's emotional responses and reactions
- In qual research the researcher becomes the main research instrument that observes, asks questions, interacts







# Qualitative research

- It is supported by the interpretivist (constructivist) paradigm, where world and its reality is socially constructed, complex and ever changing
- Aims to understand and interpret how the various participants in a social settings constructs the world around them
- It is about the in-depth, long-term **interactions and relationships** between researchers and study participants
- It does not try to reduce the multiple interpretations to a norm





# Qualitative research - what you will do with the results?

Three means of study data transformation (Wolcott, 1994):

- Description - what is going on here?
- Analysis - what are essential features and how they interact?
- Interpretation - what is the sense of my data?

By studying the lived experience of our patient we can make a full range contribution - from descriptive to the theoretical







# Why it is important to study the lived experience of patients through qualitative research?

- Contributes to the lives of the participants through understanding the others' world
- Gives an opportunity to think and learn about social world around us, researchers
- The researcher identify the concepts and their features not previously seen or fully appreciated
- Helps to adopt new perspectives, to see something from a different point of view, and to re-examine existing theoretical constructs
- The new knowledge on specific cases contribute to an understanding of similar cases
- Gives voice for those who have been silenced
- Sets the stage for conversations, dialogue, and systematic change by creating solutions to practical problems





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„I believe that qualitative research can provide a forum for reflection and communication that results in better programs, gives voice to those who have been marginalized, and assists researchers, participants, and readers to see the world in new ways“

Corrine Glesne

Becoming qualitative reseacher

